

Chronic Neck Pain Sufferers in Albuquerque Consider Acupuncture Treatment

Chronic neck pain is a common occurrence in society today. Chronic neck pain comes from things such as working at computer all day, poor posture, car accidents, or sports injuries. People can have even more severe pain if the reason for the pain was caused by a traumatic event causing greater damage like an auto accident, a severe fall, or head on collision in football. Traditional medicine treats chronic neck pain using pain medications like Percocet or Darvocet. Using opiate based pain killing narcotics are very addictive and using them many times leads to addiction. Using traditional pain killers only hides the pain, it doesn't heal the reason for the chronic neck pain.

Chronic neck pain sufferers can turn to chiropractic treatment and massage therapy to treat their pain. But, if the neck injury causing the pain is severe, regimented chiropractic treatment or massage therapy will only provide relief for a couple of days and it can be too expensive to meet for that type of treatment on a regular weekly basis. Another option to treat chronic neck pain is to turn to regimented regular acupuncture treatments. Acupuncture is done by inserting tiny size needles into specific points in the body. Done properly acupuncture treatment therapy will relieve chronic neck pain. Acupuncturists are trained to know all the acupuncture treatment points throughout the human body. Depending on the acupuncturist the acupuncture treatment may include using heat or electrical current to further stimulate the acupuncture treatment pressure point to enhance the positive impact of the acupuncture. On a positive note many times after only a few treatments early on the chronic neck pain relief the sufferer is seeking starts to take effect.

Treating chronic neck pain with acupuncture studies has revealed to be very effective. Most patients experience instant relief after the one treatment. Additionally the positive pain relief lasted longer than for those that used only massage therapy. Many times for the majority of neck pain sufferers the pain can be gone for months. This means that acupuncture treatment may only be needed every few months. It has been proven in Albuquerque and all over the United States that acupuncture is a very effective for treating chronic neck pain.