

Weight Loss Albuquerque - Desert Health Acupuncture Announces Healthy Edge Nutritional Class

For Immediate Release

Albuquerque, NM (Pitch Engine) November 29, 2011 Desert Health Acupuncture and Herbal Medicine Clinic announces they are offering their Healthy Edge Nutritional Class to help people achieve healthier lifestyle changes and achieve [weight loss in Albuquerque](#). The focus of this class is on developing lifestyle changes in a safe health community. Participants will develop a very good knowledge and understanding of the what, why, and how choosing the correct health program will benefit you tremendously. Part of the class includes a receiving Ear Acupressure Weight Loss Treatment that will support participants in the class with respect to their body from both an emotional and physical standpoint. There is a free introduction class being offered. If you'd like to attend the introduction class you need to call Desert Health Acupuncture Clinic. The Healthy Edge Nutritional Class is nine weeks long and the topics during the class are varied. Each class is 2 hours weekly and the class includes the following:

- Weekly Ear Acupressure Weight Loss Protocol
- Professional [Weight Loss Coaching right here in Albuquerque](#)
- Empowering Audios are included to help you discover your mental and emotional needs. Find out what is holding you back.
- Educational Videos
- Complete Health Guide Book
- On-line access to 100's of health option recipes.
- Accountability and Support

Cost of the Healthy Edge Nutritional Class - \$250 (\$28 per week)

[Weight loss in Albuquerque](#) or anywhere else for that matter is a lifestyle change event for most people. With the right kind of support coming from the right kind of program or class people can achieve weight loss. Desert Health Acupuncture is focused one hundred percent on helping people get better and live healthier lives.

About Desert Health Acupuncture

Desert Health Acupuncture and Herbal Medicine Clinic, and [Albuquerque acupuncture](#) clinic, is located in Albuquerque, NM near the corner of Comanche and Carlisle in the North East Heights of the city.

Their address is 3500 Comanche NE, BLDG A, Suite 3, Albuquerque, NM. Dr. Abbey Theroux and Dr. Erin Keetso are D.O.M.'s and they are licensed by the State of New Mexico

CONTACT:

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